

Why Medical Weight Loss?

Unlike commercial weight loss programs, medical weight loss is designed to take more than just the food you eat and activities you do into account. Only a medical doctor can truly understand how your unique health profile contributes to your weight loss challenges, but also how it can be used to help you achieve success. The doctor will study your medical history, prescriptions, hormonal imbalances, metabolic rate, and multiple other medical factors to design a weight loss program specifically for you.

Once you understand how medical weight loss works you can feel confident that your Incredalife Doctor is the most qualified physician to help you achieve your weight loss goals. Incredalife Doctor have received the most in-depth, comprehensive medical weight loss training available. Not only do they understand the physical aspects of weight loss, but have been trained to address any behaviors holding you back from reaching your weight loss goals. This means you will have a high-skilled, supportive, and caring medical expert on your side, helping you to lose those initial pounds quickly and safely, and teaching you to keep them off for good.

How the Program Works

Your Incredalife Doctor will create a comprehensive personalized weight loss program tailored just for you. This includes BMI evaluation, doctor-supervised food plans, metabolism regulation, appetite management, lifestyle and motivational coaching, science-based activity recommendations and much more.